



THE BIG UPDATE SUPPORTER EDITION

Big Brothers
Big Sisters
OF PRINCE EDWARD ISLAND

DECEMBER 2022

WE'VE BEEN BUSY THIS FALL!

TEEN MENTORING:

We are very excited to be expanding our Teen Mentoring programs across the Island! We are currently have students from six high schools and elementary and junior high schools from Summerside to Souris involved. Teen Mentoring provides the opportunity for students in Leadership and Health & Wellness/Physical Education programs to spend one hour per week volunteering as a mentor with a child. Teens develop leadership skills within a fulfilling, friendship-based relationship with children who need additional one-on-one attention.

IN-SCHOOL MENTORING:

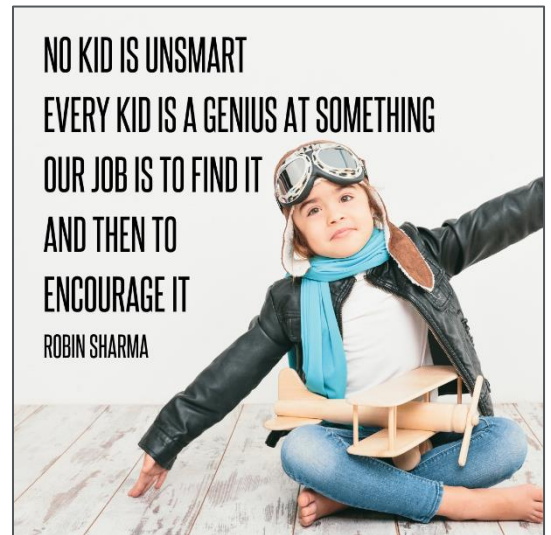
We've been working hard this fall to build our In-School Mentoring program across the island. We spent two days at the Teachers' Convention in November raising awareness of this important program. In this program, adult mentors volunteer with a student, in a school setting, for an hour a week doing fun and engaging activities which help a child improve self-esteem, gain confidence, and build social skills and relationships. We need In-School Mentors right across PEI and we would love to talk to you if this interests you!

COMMUNITY BASED

The traditional Big/Little mentoring program provides children and young adults with a role model to talk to and share the experiences of growing up. Through regular outings, a relationship develops which is built on trust and common interests and is supported by our experienced mentoring coordinators. The result is a life-changing experience for both the mentor and the mentee. We are looking for "Bigs" right across PEI. Contact us if you would like to find out more!

NO KID IS UNSMART
EVERY KID IS A GENIUS AT SOMETHING
OUR JOB IS TO FIND IT
AND THEN TO
ENCOURAGE IT

ROBIN SHARMA



Quote from a recent Jr. High Student: "I learned how to be a better person and how to find out where I fit in. I also learned how to make better decisions."

LAUNCH YOUR LIFE

In late October, our Post-secondary Education and Career Readiness Program Coordinator completed two "Transition" sessions of Launch Your Life adjusting teens to high school in the Bluefield and Charlottetown family of schools. A new "Career Readiness" session began in mid-November that prepares youth for future career pathways. Launch Your Life is a five-week program run with support from the RBC Big Possibilities Foundation. This program has a variety of sessions with modules on topics like self-care, post secondary preparedness, creating SMART goals, living a balanced life, relationship skills, and so much more. Some former students report improved listening skills, better communication skills, better self-care practices, and having more positive coping skills. Our goal is to expand our offerings of this important program.



BIG NEWS!!!!

Bowl For Kids Sake is back in March 2023! Bowl for Kids Sake is our signature community-fundraising campaign. We're heading back to the alleys in Charlottetown, Summerside and North Rustico and we need people like YOU who believe in supporting programs that create strong developmental relationships for kids in our community! Sign up your work or friends & family team...or volunteer to help during the event.

CHRISTMAS PARTY

Big Brothers Big Sisters of PEI just held our annual Christmas party. This is a much loved get-together of our "Bigs" and "Littles". It is also a time to thank our volunteers and to recognize those who are celebrating milestone years of service. In addition to a festive lunch, matches played games and made crafts, and our Littles left with books and other holiday treats. A special thank-you goes to Mark Haines for supplying the music.



STAFF UPDATE

Jessica Dwan, our former Administrative Assistant, has become a Mentoring Coordinator. Maureen del Torre has joined BBBS as our new Admin. Assistant, Lisa Jenkins is our new Special Events & Projects Coordinator and Annika Wiebe became our Launch Your Life Coordinator. Welcome to the BBBS family.



CONTACT US:

Call: 902-569-5437 (1-877-411-3729) or email: info@bbbspei.ca