



## CONGRATULATIONS AND FAREWELL

BBBS wants to wish Pam Murray congratulations on her new job with the Provincial Government. We want to thank Pam for her five plus years as a Mentor Coordinator and the positive impact she had on the children, families and mentors that she worked directly with and on all of us at the office. We are sad to see her leave but glad to see her "Igniting her Potential."



### OUR FIRST "TECH & TALK"



On Saturday, February 11<sup>th</sup>, we partnered with The Office of Seniors to hold "Tech N Talk", a digital literacy event for seniors. Youth really are the experts in technology. This two-way mentorship opportunity provided seniors a chance to [learn more about technology](#) while engaging meaningfully with youth involved in the BBBS Launch Your Life program. Everyone who attended had a chance to get support for their mobile phone, apps & other devices and to learn more about BBBS programs that are specifically for seniors. We had a great time at the Charlottetown Library Learning Centre working together and hope to hold more sessions in the future!

### EXAM WORKSHOP

This month, Annika offered the brand new Launch Your Life Exam Workshop, which was a 4-session mini program offered at Colonel Gray High School to support students preparing for exam season. Session topics included: effective study methods, exam organization, exam taking strategies, combatting testing anxiety, and exam success. This new program was designed to increase students' confidence to have a successful exam season while providing a motivating studying space for students to get together with their peers.



## ISLANDERS SUPPORTING ISLANDERS

This year, in an effort to “support local”, and to raise awareness of some of the other great groups helping Islanders, we partnered with three non-profit organizations to create some of the prizes for our Bowl for Kids Sake event. We are excited to be working with Harbourview Training Center in Souris, Inclusions East in Montague, & The Reach Foundation in Charlottetown. These organizations focus on the potential and ability of people with intellectual disabilities in our communities and those in recovery for mental health and addiction. Harbourview Training Center and Inclusions East clients have created some [amazing birdhouses, birdfeeders & garden decorations](#) in their woodshops and The Reach Foundation has created bars of [beautiful raspberry cordial soap](#). We’re in a lather about working together! Thanks to Township Chevrolet Buick GMC & the other sponsors who made this initiative possible!



### BOWL FOR KIDS SAKE IS COMING UP FAST!

Bowl for Kids Sake is coming up March 18th & 19th in Charlottetown, Summerside & North Rustico. This BIG community fundraiser is so much fun & it’s a great team-building activity. Raise a pot of gold to help provide mentors for Island youth, then celebrate your success at our St Patrick’s Day themed Thank You party that includes bowling, Tim Hortons treats & great prizes! If you would like to [register a team](#) or [volunteer](#) at the event, please contact us at: [lisa.jenkins@bigbrothersbigsisters.ca](mailto:lisa.jenkins@bigbrothersbigsisters.ca).



### HAPPY VALENTINE’S DAY

We ❤️ our sponsors! We appreciate your support and could not do what we do without YOU!

### JANUARY WAS MENTORING MONTH

We celebrated Mentoring Month by posting about how mentoring makes a difference on our socials. Kira, one of our Big Sisters, was featured in a wonderful video about her mentoring experience. If you haven’t seen it, look for it on our Facebook or Youtube channel.

As we work to build back our school-based programs, we focused on recruiting In-school Mentors & Volunteers for our Launch Your Life program, which is currently in Colonel Gray, Charlottetown Rural & Bluefield High Schools. We would love to see this program running in all Island High Schools, but we need Volunteer Instructors to make that happen.



### CONTACT US:

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