

The Big Update

Supporter Edition

May 2023



Big Brothers Big Sisters

OF PRINCE EDWARD ISLAND

30th ANNUAL DREAM COTTAGE

We are super excited that our Dream Cottage campaign is underway and the cottage will be opening soon. We have a modern design and are very pleased to be back in the Canadian Tire parking lot in Charlottetown. There are a limited number of tickets available for sale on this amazing cottage. We also have early bird and special prizes available before the big draw in September. Be sure to drop by and see this year's cottage and get your ticket.



MOVIE DAY

We had so much fun at our BBBS Movie Day. The SPY KIDS movie was a huge success with several Bigs & Littles showing up in their best spy costumes! Treats (including "disguise" glasses with big plastic noses) were a big hit and everyone had a great time. We look forward to doing this again.

BIG & LITTLE WHO "UNDERSTOOD THE ASSIGNMENT!"

GO GIRLS!

Annika, Jess and Gina started the Go Girls! program at Stonepark School in April as part of their mission to empower students with the knowledge and skills to lead healthy and happy lives. The program was tailored to address some of the unique challenges faced by girls in grades 7 to 9, including low self-esteem, negative body image, and social pressures. The program promotes healthy eating habits, active living, and feeling good through a combination of interactive and engaging activities, meaningful discussions, and collaborative learning. The program is open to girls in grade 8 and 9 and is running for a total of 7 weeks. Annika, Jess, Gina, and girls in the program are so excited to learn and grow together in their upcoming Go Girls! sessions.



PEI HOME AND SCHOOL AGM

BBBS set up a booth at the Meeting and had great conversations with a number of parents, and members of the Home and School Federation about the many programs we offer.

LAUNCH YOUR LIFE

In April, Annika completed another Launch Your Life program that focussed on Career Success and Job Readiness at Bluefield Highschool. This 7-week program focussed on youth creating resumes, finding extra-curricular activities and volunteer opportunities, applying for summer jobs, and completing mock interviews. Special thanks to Etta Esler from SkillsPEI for delivering a "Careers and Values" presentation and helping us build a toolbox to explore careers in the trade industry! Our next Launch Your Life Program will begin in May and will be a "Transition" program assisting Grade 9 students transitioning into the academic and social expectations of high school life. We are also planning to run another series of Exam Workshops to prepare students for the end of the year.



Tech! N Talk

The Office of Seniors (Department of Social Development and Seniors) and Big Brothers Big Sisters PEI have partnered together, along with leadership students from local high schools, to host "Tech!NTalk" which is a series of digital literacy events for seniors (65 years and older) across PEI. These events aim to empower seniors with the fundamental skills needed to communicate effectively in today's digital world, while helping to reduce feelings of social isolation. It also provides youth with the opportunity to learn from and engage with seniors.

Upcoming sessions are:

Saturday, May 6, 2023: Montague Rotary Library, 10:30am to 12:30pm

Saturday, May 13, 2023: Charlottetown Library Learning Centre, 10:00am to 12:30pm

Saturday, May 27, 2023: Montague Rotary Library, 10:30am to 12:30pm

Saturday, June 3, 2023: Summerside Rotary Library (ADL Room), 10:30am to 12:30pm



TEEN MENTORING

We are close to completing our second semester of Teen Mentoring. Our fall session was so successful there was interest from other elementary schools wanting to be a part of this great program. We also had a number of high school leadership students involved this term. We are working toward adding more schools from the western end of PEI and are excited about the expansion of the program. We appreciate any donations of craft materials, decks of cards, 100 piece puzzles and board games to be used with this program.



THE IMPORTANCE OF YOU



BBBS is very thankful of the support we receive from Islanders like you. We could not do what we do without our volunteers, board members, Mentors, sponsors and other supporters. We are always looking for volunteers for our various Mentoring programs. One way YOU can help with this is to spread the word to family, friends, work colleagues etc. about your connection to Big Brothers Big Sisters. When people hear your story and see your smile, they may think about getting involved too. We are BIGGER TOGETHER.

Contact us: email info@bbbs.ca call 902-569-5437 or toll free 1-877-411-3729